



Monday	Tuesday	Wednesday	Thursday	Friday
<p>7am Breakfast</p> <p>8am- Barrio Tour</p> <p>10- 12pm Work in Clinic</p> <p>12pm Lunch</p> <p>1pm -3pm Spanish Class</p> <p>4pm Lecture Topic: Costa Rican Healthcare System</p> <p>7pm Dinner</p>	<p>7am Breakfast</p> <p>8am-4pm San Jose Area Tour/Hiking (Box Lunch)</p> <p>7pm Dinner</p>	<p>7am Breakfast</p> <p>8am - 11am Work in Clinic/ Individual Project</p> <p>12pm Lunch</p> <p>1pm -5pm Visit to Los Guidos Barrio</p> <p>7pm Dinner</p>	<p>7am Breakfast</p> <p>8am-12 noon Attend and assist in a health screening at a local school</p> <p>12pm Lunch</p> <p>1pm -3pm Spanish Class or Individual Project</p> <p>7pm Dinner</p>	<p>7am Breakfast</p> <p>8am-4pm Work in the barrio with partner organization building sac gardens for families to grow vegetables (Box Lunch)</p> <p>7pm Dinner</p>
<p>Monday</p> <p>7am Breakfast</p> <p>8- 12pm Work in Clinic/Individual Project</p> <p>12pm Lunch</p> <p>1pm -3pm Spanish Class</p> <p>7pm Dinner</p>	<p>Tuesday</p> <p>7am Breakfast</p> <p>8am-4pm Work in the barrio building a home with partner organization (Box Lunch)</p> <p>7pm Dinner</p>	<p>Wednesday</p> <p>7am Breakfast</p> <p>8am-12 noon Attend and assist in a health screening at a local school</p> <p>12pm Lunch</p> <p>1pm -3pm Spanish Class or Individual Project</p> <p>7pm Dinner</p>	<p>Thursday</p> <p>7am Breakfast</p> <p>8am-4pm San Jose Area Tour/Visit to coffee plantation (Box Lunch)</p> <p>7pm Dinner</p>	<p>Friday</p> <p>7am Breakfast</p> <p>8- 12pm Work in Clinic/Individual Project (Goodbyes)</p> <p>1pm Lunch</p> <p>7pm Dinner</p>

First Sunday is arrival day. Weekend is open for travel. Weekend travel expenses and plans are the responsibility of the volunteer/intern.